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ATHERTON

214 S Atlantic Blvd, Alhambra, CA 91801 www.abh.org

Welcome Center (Marketing) 626.863.1710 Front Desk/Contact a Resident: 626.289.4178

Founded: 1914

Motto: Christian living for today's seniors

15 Acres; 75 Buildings; 3 Streets

Total Residences: 355 Independent Living: 220 Assisted Living: 36 Skilled Nursing: 99

Total Staff: 249

Annual Budget: 20 M

We are a CCRC (Life Plan Community)

- Independent Living, Assisted Living, Skilled Nursing
- One of the most diverse populations in America
- Entrance Fee/ Non-profit / Fee-for-Service community
- Promise of Life Tenancy
- Over 40 Clubs and Groups
- A Full Schedule of events, trips, activities and classes
- Dynamic commitment to the total person: Body-Mind-Spirit

Campus Amenities:

Arts & Crafts Room

Atherton @ Home (Concierge and

Home Care Services)

Beauty Salon and Barber Shop Brimson Gardens Picnic Pavilion

Business & Computer Center

Clothing & Linen Boutiques

Conference Room

Community Vegetable Garden

Gift Shop

Grandma's Basement Shop

Guest Accommodations

Hannah's Café

House of Jewelry

Koike Fitness Center

The Kresge Dining Room

Multi-Purpose Activity & Meeting Rooms

Parking

Private Dining Room

Thompson Heated Indoor Pool and Spa

Puzzles, Ping Pong & Billiards Room

Sam B. West Health Care Center

The Merriam Chapel

The Villa Assisted Living

Wholly Grounds Coffee Shop

Wood Shop

Independent Living Options:

Apartments, Duplexes, Triplexes, Cottages, Condos and Houses

• A Variety of Price Points and Financial Plans

• All Independent Homes are maintenance free, with central air & heat, safety features, full kitchens, (stove, fridge, ice maker, dishwasher, micro-wave, and disposal) and convenient parking.

Monthly Fees Include:

Restaurant-Style Dining Dollar Program

- Included: (about 15 Meals per month (Flexible)
- Your Choice: Add as many meals as you like

Utilities

- Electric/Gas
- Heating and Air Conditioning
- Water/Sewer
- Trash Removal
- TV (160 Channels) included in Courtyard Homes
- Telephone & Internet included in Courtyard Homes

Bi-Weekly Housekeeping Annual Deep Cleaning

Front Desk Concierge Services

Assistance with Insurance and Medicare Paperwork

Van Transportation to Local Stores

24-Hour Emergency Response System

Daily Safety Checks

Night Security Service

Caring Trained Staff Available 24 Hours a Day

Health Clinic Nurse

Access to Pool and Fitness Center

Activities & Fitness Programs

Social & Recreational Programs

Interior Maintenance & Preventive

Maintenance





JUST THE FACTS

Assisted Living Options:

The Villa (32 apartments), Aging in Place, Companion Care

- Tiered Services Pricing
- All Villa apartments include television hook-up (160 channels), telephone, wi-fi, private bath, Corian counters, wall-to wall carpeting, window treatments and ample closet space

Assisted Living Services:

- An initial evaluation and a specialized service plan based on listening to you
- Daily wellness checks
- Three meals a day with table service
- Special diets accommodated
- Case management including communication with your doctor(s) and your family and coordination of services.
- Medication management, ordering and deliveries
- 24 hour staff available as needed
- Weekly housekeeping and linen service
- All utilities
- Comprehensive wellness program
- Access to onsite skilled nursing and rehabilitation services
- Supervision and assistance with activities of daily living including: dressing, grooming, bathing, toileting and ambulating
- Personal care assistance
- Dietary consultation and planning
- Meal deliveries (for illness)
- Daily bed-making
- Escort assistance to and from dining rooms and other community areas
- Concierge Services
- Respite Care



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Skilled Nursing:

Sam B West Health Care Center: Long-term Nursing, Short-term Rehab, Respite, Hospice

Services

- Three delicious meals with entrée selection and table service served to enhance social interaction in our quaint dining rooms, or provided in-room if needed
- Full-time nutritionist
- Special diets accommodated
- Exterior maintenance
- Landscaping & lawn care
- Dining assistance
- Nutritious snacks
- Initial assessment and an individualized interdisciplinary care plan
- Extended digital cable television (160 channels)
- Telephone with local service
- Daily light housekeeping, including bed making
- Individual climate control
- Laundering of towels and bed linens as needed
- Showers featuring built-in seats and assist bars
- A nurse call system
- IV therapy
- Diabetes management
- Pain management
- Rehabilitative therapies, including physical, occupational and speech
- Pharmaceutical services
- Wheelchair-accessible transportation
- Feeding tubes, oxygen and wound care
- Group and individual activities tailored to resident needs and preferences
- Structured programs designed for skilled nursing residents by our professional staff
- Medicare-certified
- Assistance with daily living activities including bathing, oral care, grooming, dressing and eating as needed
- Hydration and nutrition monitoring program
- Medical orders and treatment plans carried out by licensed nurses
- Medication administration and monitoring
- Coordination for hospice care
- Discharge planning and case management including communication with the resident's doctor(s) and family, and coordination of services needed





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